

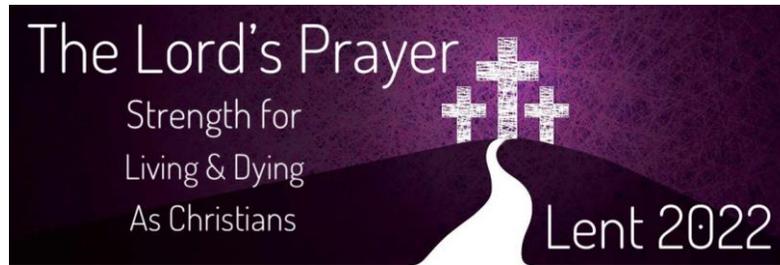


7060 Ponderosa Drive  
Parker, CO 80138

## Mission News From SPIRIT OF HOPE LUTHERAN CHURCH Wednesday, March 23, 2022

Questions, comments, or to unsubscribe, please  
contact Pastor Wendy Poch at **303-841-3553** or  
[office@spiritofhopelcmc.org](mailto:office@spiritofhopelcmc.org).

Visit us on the web at  
[www.spiritofhopelcmc.org](http://www.spiritofhopelcmc.org).



**SOUP SUPPER, WEDNESDAY @ 6:00 PM**  
**LENTEN WORSHIP, WEDNESDAY @ 7:00 PM**  
**EASTER CHOIR REHEARSAL, WEDNESDAY @ 8:00 PM**

Soup's on! Come and join us for a refreshing time of fellowship as we enjoy a simple meal of soup and bread before worship. If possible, please bring a soup or a dessert to share. If that's not possible, please come anyway.

We always have plenty for everyone!

Our series on the Lord's Prayer: Strength for Living and Dying as Christians continues at our Wednesday worship service. Our text will be John 13:31-14:1a in which Jesus predicts Peter's denial. We will be focused on the 5<sup>th</sup> petition of the Lord's Prayer, "Forgive us our trespasses as we forgive those who trespass against us".

### **THIS SUNDAY AT SPIRIT OF HOPE**

This Sunday we will be focused on the 6<sup>th</sup> petition of the Lord's Prayer, "Lead us not into temptation". Our text will be John 14:15-31 in which Jesus promises his disciples will receive the Holy Spirit. Worship begins at 9:30 am. Sunday School begins at 11:00 am. Our children will be learning more about the Lord's Prayer with Pat Schmidt and Pastor Wendy. Our adults will continue their study on the Lord's Prayer as a source of strength in times of suffering which will be led by Ken Carpenter.



## CHRISTIAN SEDER MAUNDY THURSDAY APRIL 14, 2022, 5:30 PM

This year, in lieu of a traditional Maundy Thursday service, we will be participating in a Christian Seder. The Jewish Passover Seder is the meal that Jesus and His disciples shared on the night in which He was betrayed, which we recognize as Maundy Thursday. The Christian Seder is largely the same with the very notable exception that we recognize Jesus as the fulfillment of all that God has promised and we will give Him thanks and praise in a unique way on this special evening.

Our Christian Seder will take place at Spirit of Hope on Thursday, April 14th at 5:30 pm. In order to prepare for this event, we do need everyone who is planning to attend to RSVP as soon as possible (**and no later than April 10th**). We are also asking everyone to bring a Kosher dish and/or special Seder ingredients to share. Please note that while we will be focused on the Messianic Haggadah, **an entire and bountiful dinner will be served!** Click on this link to RSVP and to sign up to bring the item(s) of your choice:

<https://www.signupgenius.com/go/10C0F49AEA72AA6FBC52-christian>

## ZUMBA GOLD IS MOVING TO MORNINGS!

Beginning **March 24<sup>th</sup>**, Zumba Gold will begin meeting Thursday mornings at 9:00 am in the fellowship hall. The class is no longer meeting in the evenings. Come and join us for a fun and upbeat time that will help us both in body and spirit! The entire class is adaptable which means you can make any modifications necessary...including doing it sitting down! We don't do any jumping – everything is low-impact. Classes are \$3 a session. Each participant will sign a release waiver prior to participating. Thank you to Tanya Diederich, Certified Zumba Gold Instructor, for leading this class.



## COMING UP THIS WEEK AT SPIRIT OF HOPE



### Wednesday, March 23<sup>rd</sup>

6:00 pm Soup Supper

7:00 pm Worship

8:00 pm Easter Choir

### Thursday, March 24<sup>th</sup>

9:00 am Zumba Gold

### Friday, March 25<sup>th</sup>

9:00 – 11:00 am Coffee with the Pastor at Fika on Mainstreet

### Sunday, March 27<sup>th</sup>

9:30 am - Worship

11:00 am Sunday School

### Tuesday, March 29<sup>th</sup>

12:00 – 1:15 pm Digging Deeper Bible Study

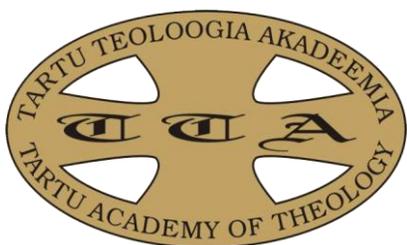
2:00 – 4:30 pm Stephen Minister Training

### Wednesday, March 30<sup>th</sup>

6:00 pm Soup Supper

7:00 pm Worship

8:00 pm Easter Choir



### MARK YOUR CALENDARS: A VISIT FROM ESTONIA!

On Sunday, May 1<sup>st</sup>, @ 5:00 pm, Siimon Haamer, from the Tartu Academy of Theology/Home of Hope in Estonia will be coming to Spirit of Hope. He will be talking to us about the work our mission partner is doing,

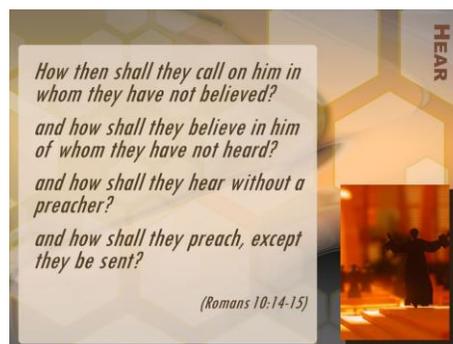
especially in light of the situation in Ukraine and eastern Europe. We will have a potluck dinner. RSVP's are not required, but we would like everyone to bring a dish to share, especially as we will be inviting church leaders from neighboring congregations to join us as our guests so that they can learn more about and potentially support the important work our mission partner is doing.

*“To belong to Jesus is to embrace the nations with Him.”*

*-William Carey*

### A COURSE ON LAY PREACHING

Are you interested in preaching the occasional sermon? Does the idea intrigue you? Perhaps you'd be willing to help on occasion (like when Pastor Wendy is on vacation) but don't really know where to start? Pastor Wendy is developing a lay preaching class designed to help you serve the church in this unique way.



This lay preaching class will walk you through the basics of how to craft a faithful sermon, including how to identify both law and gospel in each passage, how to interpret Scripture according to Lutheran orthodoxy, and tips for public proclamation. To prepare for this course, participants will read a book about lay preaching. Then, over several sessions, participants will have the opportunity to practice interpretation, writing and preaching with Pastor Wendy and/or other participants.

The course will be designed to work with participants' schedules. If you would enjoy learning some preaching basics (which include skills that will help you become more comfortable in your everyday witness), or if you are willing to let God lead you outside of your comfort zone so that you can provide pulpit supply on occasion at Spirit of Hope, please contact Pastor Wendy. If there is interest, there may also be opportunities to preach for small groups in a local assisted living facility...bringing the gospel to those who have a difficult time getting to a church.

## **BIBLE STUDY OPPORTUNITIES**



**SUNDAYS @ 11:00 AM**

### **REFLECTIONS ON THE LORD'S PRAYER**

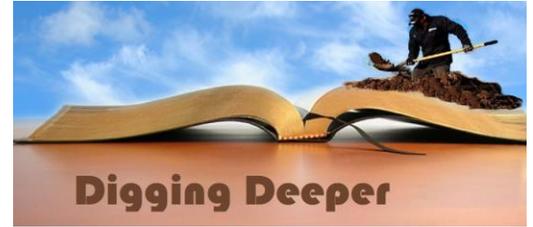
This study appropriate for anyone who simply wants to spend time going deeper into this special prayer that was given to us by our Lord Jesus himself. Join Ken Curtis, via RightNow Media, on this journey into the world of The Lord's Prayer *from original locations in Israel* that were important in the life of Jesus. ***The Lord's Prayer is not just a way of praying. It's a way of "seeing."*** When the prayer is grasped

and uttered from the heart, it can -- and will --change us. We realize how we are not alone, no matter how difficult or seemingly hopeless our situation. Even in our pain, there can come a joy and a feeling of rightness about our world.

Our own Ken Carpenter will lead this study and will include notes of his own and writings from Martin Luther at various points throughout the course.

**DIGGING DEEPER WITH PASTOR WENDY  
THE GOSPEL OF JOHN  
TUESDAYS 12:00 – 1:15 pm**

Join Pastor Wendy as we dig deeper into the Gospel of John. You are welcome to bring a lunch! No homework and no prep.



**HOW SHOULD WE PRAY  
DURING TIMES OF WAR?**

With the ever-increasing intensity of the attacks against the people of Ukraine, many Christians are wondering how to pray for this situation as we continue to watch in horror as it unfolds. Is it okay to pray that someone takes out an oppressive tyrannical leader? How do we pray against such a

leader while still lifting up the people in his own nation who are also victims of evil tyranny? How do we pray when we don't know all the ins and outs of each situation, when we know there is likely more to each news story than meets the eye? How do we pray when it seems there is nothing else we can do to help?

The very sad reality of living in a sinful and broken world is that this is not the first time an evil and ruthless leader has used military might for personal power. Nor will it be the last.

As such, there is much in God's Word that can help us to pray in such times as these. The Psalms are particularly well-suited here. In fact, as we read and pray the Psalms, praying God's Word back to God, one might be surprised at how explicit and poignant they are and how accurately they reflect our emotions and give words to the prayers we may not otherwise be able to speak.

**For example, Psalm 59 (EHV) begins:**

<sup>1</sup> Deliver me from my enemies, my God.  
You set me high above those who rise up against me.

<sup>2</sup> Deliver me from evildoers.  
Save me from bloodthirsty men.

<sup>3</sup> Yes, look how they lie in ambush to take my life!  
Strong men gather against me,  
but it is not because I have rebelled,  
not because I have sinned, O LORD.

<sup>4</sup> I am not guilty,  
yet they run to take up their positions against me.

Rise up to meet me and see!

<sup>5</sup>You, O LORD, God of Armies, the God of Israel,  
wake up and confront all the nations. *Interlude*  
Do not show mercy to all the wicked traitors...

Psalms 59 continues with the Psalmist's plea that God would destroy this enemy that prowls around the city looking to devour everything in its path (this Psalm was likely written by David as Saul was on a tyrannical rampage seeking to destroy David). The Psalmist prays that the world would know the truth, that he and his people would be redeemed, and ultimately that God would be praised. It is definitely okay for us to pray the same.

This is what the Psalms so often do. They help us to pray in such a way that true emotion, regardless of what that emotion is, can be safely expressed before our God, who hears and sees all. The Psalms are real and raw. They don't hold anything back. They help us to cry out to God, even with demands of justice, when we ourselves are helpless to intercede in any other way than prayer.

In fact, it is precisely when we are not allowed to help in any other way that our prayers seem to become all the more fervent. Of course, fervent prayers should be our first response, not our last. But, in the case of Ukraine, many of God's children around the world have only one option right now and that is to kneel before our Father and pour our hearts out to Him, asking Him to intercede.

While there are many Psalms that can help us to pray in times such as these, here are a few more to get you started: Psalms 18, 24, 27, 33, 35, 46 (the basis for Martin Luther's famous hymn "A Mighty Fortress is our God"), 60, 108, 138, and 144. Read these Psalms. Slow down and focus on what is really being expressed. Then use these Psalms to help you create your own prayers, even if doing so simply means reading the Psalms back to God.

In times like these, we can also pray that God's will, and only God's will, be done – whatever that may be. For He alone is sovereign. No matter what is happening, God sees it. He feels the pain of his people. He hears the cries of His children. And ultimately those responsible for the suffering of others will deal with Him directly. The Lord's Prayer is a very helpful prayer foundation for praying God's will be done.

In the meantime, it is also very appropriate to pray our Advent prayer of "Come, Lord Jesus". We ask Jesus to come into the hearts of those causing evil, so that they may repent and be turned toward Him. We pray that those who do evil will come to know the Lord and His passionate love for those they have been hurting so that their eyes are opened, the evil would stop, earthly restitution would be made, and salvation would be granted. And we pray, "Come, Lord Jesus" so that evil would be stopped forever more. For only upon our holy Christ's return will peace reign for all God's children.

Come, Lord Jesus. Hear our prayer. Amen.

Your Sister in Christ,

*Pastor Wendy*

**LENT 2022 at SPIRIT OF HOPE**  
**(This week's events in red)**



<b>Wednesday, March 2<sup>nd</sup>:</b>	<b>Ash Wednesday</b> <b>Worship @ 7:00 pm</b> Jesus is the Good Shepherd (John 10:1-18)
<b>Sunday, March 6<sup>th</sup>:</b>	<b>Worship @ 9:30 am</b> "Our Father" (John 14:1-14; 5:16-30)
<b>Wednesday, March 9<sup>th</sup>:</b>	<b>Soup Supper @ 6:00 pm, Worship @ 7:00</b> "Hallowed Be Thy Name" (John 12:1-11)
<b>Sunday, March 13<sup>th</sup>:</b>	<b>Worship @ 9:30 am</b> "Thy Kingdom Come" (John 11:1-44)
<b>Wednesday, March 16<sup>th</sup>:</b>	<b>Soup Supper @ 6:00 pm, Worship @ 7:00</b> "Thy Will Be Done" (John 13:1-17)
<b>Sunday, March 20<sup>th</sup>:</b>	<b>Worship @ 9:30 am</b> "Give Us This Day Our Daily..." (John 11:1-44)
<b>Wednesday, March 23<sup>rd</sup>:</b>	<b>Soup Supper @ 6:00 pm, Worship @ 7:00</b> "Forgive Us..." (John 13:31-38)
<b>Sunday, March 27<sup>th</sup>:</b>	<b>Worship @ 9:30 am</b> "Lead Us Not into Temptation" (Jn 14:15-31)
<b>Wednesday, March 30<sup>th</sup>:</b>	<b>Soup Supper @ 6:00 pm, Worship @ 7:00</b> "Deliver Us from Evil" (John 15:1-25)
<b>Sunday, April 3<sup>rd</sup>:</b>	<b>Worship @ 9:30 am</b> "Thine is the Kingdom..." (John 15:26-16:15)
<b>Wednesday, April 6<sup>th</sup>:</b>	<b>Soup Supper @ 6:00 pm, Worship @ 7:00</b> "Amen" (John 16:16-33)

**\*\*\*HOLY WEEK\*\*\***

<b>Sunday, April 10<sup>th</sup>:</b>	<b>PALM SUNDAY WORSHIP @ 9:30 am</b>
<b>Thursday, April 14<sup>th</sup>:</b>	<b>MAUNDY THURSDAY</b> ***CHRISTIAN SEDER SUPPER 5:30 pm***
<b>Friday, April 15<sup>th</sup>:</b>	<b>GOOD FRIDAY</b> Traditional Tenebrae Service 7:00 pm
<b>Easter Sunday, April 17<sup>th</sup>:</b>	<b>RESURRECTION CELEBRATION 9:30 am</b>

## MARCH BIRTHDAYS AND ANNIVERSARIES



3/2 Cindy Garrett  
3/3 Karen Jordahl  
3/8 Margie Flora  
3/9 Susan Spancers  
3/17 Ramie Larson  
3/17 Ben Reinicke  
3/18 Sherry Helmeke Clark  
3/20 Lavonne Zwegardt  
3/24 DeDe Elliott  
3/25 James West  
3/25 Rachel West  
3/30 Cathy Morano



3/6 David & Sheri Giles  
3/7 Douglas & Carolyn Kleven  
3/31 John & Kandy Parsons



**Prayer Requests** - If you have a prayer request for the prayer team, please contact Pastor Wendy @ 303-841-3553 or [wendy.poch@spiritofhopelcmc.org](mailto:wendy.poch@spiritofhopelcmc.org)  
***Jesus said; "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."***



### **A PRAYER FOR THE WEEK**

**By Pastor Wendy**

**Father, in this fallen and broken world, you have called us to bring your love and presence to others. As your disciples, we are uniquely called to this mission. When we have fears or doubts, strengthen us, Lord, so that all those we encounter may know how deeply you love them. We pray this through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

**Please include the following people and situations in your prayers:**

For the Tartu Academy of Theology/Home of Hope and SONetwork as they serve Ukrainian refugees and share the love and comfort of the Gospel.

For Kandy, John, Susan, DeDe, and Lyle as they train to become Stephen Ministers and for Kandy as she is also leading this important ministry.

For Patricia who is preparing for cervical fusion surgery.

For Tracey who is recovering from knee replacement surgery.

For the situation in Ukraine.

For a loved one who is dealing with severe anxiety and depression.

For Brad, who is recovering from a car accident that caused numerous and significant injuries.

For Stephanie who is recovering from radiation treatments.

For Rebecca who is undergoing radiation.

For Sara as she continues cancer treatments.

For Janie as she experiences some recovery challenges from pancreatic surgery.

For those who are first responders to all emergencies: fire fighters, EMTs and law enforcement.

For all of our local, state, and federal leaders that they would hear God's voice and lead with His wisdom.

For our Christian brothers and sisters all over the world who suffer persecution to be comforted and strengthened and for the Lord God to defeat the evil of terrorism done to them. We also pray for missionaries around the world.

For Spirit of Hope mission partners: Lutheran Congregations in Mission for Christ, SECORCares, Mean Street Ministry, Alternatives Pregnancy Center, Apache Youth Ministries, LCMC Disaster Relief, Lutheran Military Veterans and Families Ministries, Tartu Academy of Theology, Marion Medical Mission.

For Spirit of Hope mission allies: Compassion International, SONetwork, Operation Christmas Child/Samaritan's Purse, the Institute of Lutheran Theology, Stephen Ministry.

All of our military fighting for our freedoms.

### **QUICK SPIRIT OF HOPE FINANCIAL UPDATE**

**March Income (to date) = \$14,863**

**General Fund Offerings = \$10,972**

**Debt Reduction Offerings = \$1,360**

**Dedicated Offerings = \$2,531\***

**Other Income = \$1,434**

**March Expenses = \$5,334**

**Checking Accounts Balance = \$33,996**

**Debt Reduction Account Balance = \$16,634**

**Money Market Account Balance = \$119,855**

\*Includes Wednesday evening offerings during Lent

### **2022 LENTEN OFFERINGS**

This year Spirit of Hope will be giving away 100% of our Wednesday evening Lenten offerings to help victims of the Marshall Fire in Boulder County. We are thankful for this opportunity to help locally now as this news story has begun to fade from national headlines. Thank you for supporting those in need as many will be struggling for years to come.